

GST included
in all prices



3 Under Par

appetizers

WINGS-GF 17.50

(12) juicy chicken wings. Ask your server for flavours.

PORK RIBS 17.50

Bone in. Sea salt & pepper.

POT STICKERS 17.25

(8) chicken pan fried dumplings. Served with dipping sauce.

DEEP FRIED MUSHROOMS 14.50

CALAMARI 18.75

With diced red onions. Served with tzatziki.

ZUCCHINI STICKES 14.50

MONTEREY JACK BITES 15.25

Bite-sized nuggets filled with monterey, diced chilli peppers and spices in crispy golden breading.

DONAIR DIPPERS 15.75

GREEN ONION CAKES 13.25

POTATO SKINS 15.75

(6) potato shells topped with bacon bits, cheese, tomatoes and green onions.

TACO SKINS 16.75

(6) potato shells with taco meat, cheese sauce, tomatoes & jalapeños.

TOT SUPREME 16.25

Tator tots topped with taco meat, cheese sauce, tomatoes, green onions & drizzled with sour cream.

appetizers

LOADED WAFFLE FRIES 15.75

Criss cross fries with bacon bits, tomatoes & cheese sauce topped with green onions.

POTATO MUNCHERS 14.50

NACHOS 21.75

Corn tortilla chips loaded with cheese sauce, tomatoes, peppers, black olives, jalapeños & green onion.

AVAILABLE IN 1/2 ORDER \$16.75

ADD CHICKEN OR BEEF \$5.75

salads

CAESAR SALAD

side 9.75 full 13.75

Tossed in homemade dressing with garlic toast.

ADD CHICKEN \$5.75

CHICKEN CAESAR PASTA SALAD 19.75

Homemade dressing, Penne pasta & grilled chicken with garlic toast.

CHICKEN SPINACH SALAD 21.50

Spinach, Feta cheese, almonds, mushrooms, pickled onions & grilled chicken. Tossed in a mango pineapple vinaigrette.

TACO SALAD 19.75

Romaine lettuce, tomatoes, peppers, black olives & jalapeños. Served with tortilla chips & chicken or beef.

CLUB SALAD 19.75

Romaine, tomatoes, bacon bits & cheese. Tossed in sweet chili mayo. Crispy or grilled chicken and garlic toast.

STEAK SALAD 23.50

6 oz. sirloin, romaine, cheese, sautéed mushrooms, peppers & onions. Cactus dressing & garlic toast.

wraps

CHOICE OF SIDE
Fries, tossed or soup

CHICKEN CAESAR 19.75

Crispy or gilled chicken.

CLUB 21.25

Romaine, tomatoes, bacon bits, cheese & sweet chili mayo. Crispy or grilled chicken.

TACO 19.75

Romaine, taco meat, cheese, tomatoes, peppers and salsa.

GREEK 19.75

Grilled chicken, romaine, feta cheese, red onions, cucumber, tomatoes with tzatziki.

3 UNDER 23.50

6 oz. sirloin, romaine, sautéed mushrooms, onions & peppers, cheese with cactus dressing.



sides

ONION RINGS add 2.75

POUTINE add 2.75

WAFFLE FRIES 2.75

CAESAR SALAD 2.75

SWEET POTATO FRIES 2.75



sandwiches etc

CHOICE OF SIDE

STEAK SANDWICH 23.50

6 oz. sirloin with garlic toast.

ADD MUSHROOMS \$2.00

HOT HAMBURGER 19.25

6 oz. all beef burgers with sautéed onions & gravy. Served on Texas garlic toast.

CLUBHOUSE 19.75

3 pieces of Texas toast with chicken breast, bacon, lettuce, tomato & cheese.

DENVER 16.50

Eggs, ham, peppers, green onions and cheese.

FISH & CHIPS 19.25

1 piece of Pollock deep-fried. Coleslaw available.

CHICKEN FINGERS (GF) 18.50

SAUSAGE & PEROGIES 19.75

Garlic sausage with onion & bacon.



more

SOUP 11.50

Always homemade. Served with garlic toast.

TACO IN A BAG 8.00

SWEET POTATO FRIES 8.50

POUTINE 9.75

ONION RINGS 9.25

CHIPS & CHEESE 8.25

GRAVY 2.50

burgers

ALL BEEF

CHOICE OF SIDE

CHEESEBURGER 19.25

Lettuce, tomato, mayo and cheese.

LOADED 21.25

Sautéed mushrooms and onions, bacon, cheese, pickles, fry sauce with lettuce and tomato.

MEXICAN 21.25

Sautéed onions, cheese sauce, jalapeños, lettuce, tomato, salsa with taco seasoning.

MUSHROOM BACON 19.50

Sautéed mushrooms, cheese & bacon.

CHICKEN BACON RANCH 20.50

Crispy or gilled chicken with cheese, bacon, lettuce, tomato and ranch.

BAJA CHICKEN 20.50

Crispy or grilled chicken, cheese, lettuce, tomato with baja chipotle sauce.

GREEK CHICKEN 19.50

Grilled chicken with spinach, red onion, feta cheese, tomato and tzatziki.

beverages

COFFEE & TEA 2.75

FOUNTAIN POP 3.00

BOTTLED POP 3.75

BOTTLED WATER 3.25

JUICE 3.75

GATORADE 4.25

GST included in all prices



breakfast

SERVED UNTIL 11 AM

All omelettes served with shredded hash tator tots and toast

BASIC 16.25

Choice of bacon, ham or sausage, 2 eggs, shredded hash or tator tots, and toast.

EGGS & TOAST 11.25

2 eggs, shredded hash or tator tots, and toast.

FRENCH TOAST (2) 10.25

STEAK & EGGS 22.75

6 oz. Sirloin with 2 eggs, shredded hash or tator tots, and toast.

BREAKFAST SANDWICH 8.50

Choice of bacon, ham or sausage with egg & cheese.

HAM & CHEESE OMELETTE 19.75

3 eggs.

LOADED OMELETTE 21.50

Ham, bacon, sausage, peppers, tomatoes, onions, mushroom & cheese.

SPINACH OMELETTE 19.75

Spinach, mushrooms, red onions and mozza cheese.

MEXICAN OMELETTE 21.50

Taco meat, peppers, tomatoes, onions, jalapeños, shredded cheese topped with cheese sauce.

TOAST 3.50

alcohol

DOMESTIC BEER 6.50

IMPORT BEER 7.00

SPECIALTY BEER 8.00

DRAFT mug 5.25 (10 oz)
jug 17.50 (60 oz)

HIGHBALLS 6.50 (1 oz)

COCKTAILS 7.00 (1 oz)

WINE 6.50 (5 oz)

SHOOTERS 4.00 (1 oz)